



2020-2021

Rahway Middle & High Schools

SOY-SAFE MENU Only with documented allergy

**SOY-FREE
STUDENTS MUST
ORDER FROM THIS
MENU ONLY**

AVAILABLE DAILY

- 1S** Chicken Tenders (Contains Soy Oil) with Scoops Tortilla Chips
- 2S** Macaroni & Cheese
- 3S** Turkey & Cheese Wrap (Contains Soy Oil)
- 4S** Ham & Cheese Wrap (Contains Soy Oil)
- 5S** Garden Salad with Cucumbers, Tomatoes, Carrots, Cheddar Cheese & Light Italian, Caesar or Ranch Dressing

A Complete Lunch Includes:
 Entrée (with Protein/Grain)
Fruit/Vegetable
 Choice of Milk

Important consideration when deciding to participate in Soy-Safe school lunch offerings:

Pomptonian's staff prepares and cooks a wide variety of meals and does not have separate equipment and space for soy-safe (SS) meal preparation. To minimize the chance for cross-contamination, the SS items that are available for pre-order, are prepared by trained staff with, as per the manufacturer's label, soy-safe ingredients.

Cut at this line and keep the above menu portion for your reference.
 Please submit lunch forms promptly. Late submissions may not be properly recorded.

"This institution is an equal opportunity provider."

Please use the number codes listed above to indicate your selection *for the day or week* on the order form below and return it by 8 AM to the Food Service Director. Orders can also be placed by e-mailing njean@rahway.net. Contact your Food Service Director at 732-396-1025 with any questions or between 8:00 & 8:30 for cancellations.

MON	TUE	WED	THU	FRI

STUDENT'S NAME _____
First & Last

STUDENT ID _____ E-MAIL _____

MS & HS LUNCH PRICE	REDUCED PRICE
\$3.00	\$.00

NOTE TO FREE LUNCH RECIPIENTS: If you plan to participate in the lunch program, you **must** fill out and return this form.