



2020-2021

Rahway Middle & High Schools

SESAME-SAFE MENU Only with documented allergy

**SESAME-FREE
STUDENTS MUST
ORDER FROM THIS
MENU ONLY**

AVAILABLE DAILY

- 1SE** Cheese Ravioli with Marinara Sauce & a White Wheat Dinner Roll
- 2SE** Boneless Chicken Wings with a White Wheat Dinner Roll
- 3SE** Chicken Fillet on a White Wheat Bun
- 4SE** Sabrett All-Beef Hot Dog on a White Wheat Bun
- 5SE** Baked Chicken Nuggets with a White Wheat Dinner Roll
- 6SE** Ham & Cheese on a 5-inch Hero
- 7SE** Turkey & Cheese on a 5-inch Hero
- 8SE** Cereal Lunch with Yogurt, String Cheese & Pretzels

A Complete Lunch Includes:
 Entrée (with Protein/Grain)
Fruit/Vegetable
 Choice of Milk

Important consideration when deciding to participate in Sesame-Safe school lunch offerings:

Pomptonian's staff prepares and cooks a wide variety of meals and does not have separate equipment and space for sesame-safe (SES) meal preparation. To minimize the chance for cross-contamination, the SES items that are available for pre-order, are prepared by trained staff with, as per the manufacturer's label, sesame-safe ingredients.

Cut at this line and keep the above menu portion for your reference.
 Please submit lunch forms promptly. Late submissions may not be properly recorded.

"This institution is an equal opportunity provider."

Please use the number codes listed above to indicate your selection *for the day or week* on the order form below and return it by 8 AM to the Food Service Director. Orders can also be placed by e-mailing njean@rahway.net. Contact your Food Service Director at 732-396-1025 with any questions or between 8:00 & 8:30 for cancellations.

MON	TUE	WED	THU	FRI

STUDENT'S NAME _____
First & Last

STUDENT ID _____ E-MAIL _____

MS & HS LUNCH PRICE	REDUCED PRICE
\$3.00	\$.00

NOTE TO FREE LUNCH RECIPIENTS: If you plan to participate in the lunch program, you **must** fill out and return this form.

SES